

**UNIQUE TRAINING  
OPPORTUNITY!**



## **THERAPEUTIC USE OF DAILY LIFE EVENTS**

The Therapeutic Use of Daily Life Events is a training of TransformAction International. Developed by Thom Garfat, PhD (Canada) with John Digney, PhD (Ireland) and Leon Fulcher, PhD (New Zealand)

The Therapeutic Use of Daily Life Events, commonly referred to as **dle**<sup>TM</sup>, is designed to help the direct care practitioner become more effective in daily interactions with young people and families. Through a focus on everyday events and how these events connect to the overall goals established with young people and/or families, the direct care practitioner adopts a more pro-active approach in intervention. **dle** offers the potential to make every moment with young people and families more meaningful.

*For inquiries on providing **dle** training to your agency/ organization or to find **dle** training arranged in your area,*

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**dle** is useful to child and youth care workers, educators, youth workers, foster parents, counselors, social workers, psychologists, and all professionals engaged in support, prevention and treatment with young people and families.



Using **dle** in your practice will:

- Demonstrate the importance of using everyday life events as a therapeutic intervention and how to 'make moments meaningful' in our encounters with young people and families.
- Provide tools to promote powerful connection with individuals and experiencing their lives with them as it unfolds.
- Provide knowledge and skills for a strengths-based approach.

Participants will develop skills that assist them to focus on small important moments and experiences with young people.

### **DLE COURSE OUTLINE**

- Underlying Principles
- Foundations
- Thinking about Daily Life Events
- Meaning-Making
- Themes & Opportunities
- Beyond Problem Behaviours
- A Needs-Based Approach
- Characteristics of those who Use DLE Effectively
- The Process of Change
- Intervening into Daily Life Events.

### **Upcoming dle Training and Registration**

May 13-14 - Toronto

Registration Info  
[jens-place.org/DLE-training.htm](http://jens-place.org/DLE-training.htm)

June 25-26 (overview)

St. John's NL

Registration info  
[www.cycworld2013.net/](http://www.cycworld2013.net/)

Trainings can be arranged specifically to meet the needs of your organization

For more information on dle, visit;  
[www.transformaction.com](http://www.transformaction.com)

**TransformAction**

International